



Friars Primary School & Nursery

Principal: Mr C McClay
Vice Principal: Mrs S Halls



Wednesday 5th November 2025

Dear Parents and Carers,

Re: KS2 Break Time Snack

As part of our ongoing commitment to promoting healthy lifestyles and supporting children's wellbeing, we are updating our school policy regarding snacks brought in for playtime for children in KS2.

From Monday, we ask that all snacks brought into school for playtime be limited to fresh fruit and raw vegetables only such as apples, bananas, carrot sticks, cucumber slices, or cherry tomatoes. If you send in grapes or cherry tomatoes, please make sure you cut these in half to reduce choking risk. We are not able to allow dried fruits such as raisins as Public Health England advises against these snacks due to their high sugar content.

This change is in line with our Healthy Schools initiative and aims to encourage nutritious eating habits among our pupils. We appreciate your support in helping us create a positive and health-conscious environment for all children.

Thank you for your continued support.

Yours sincerely,

C McClay

S Halls

Mr McClay

Mrs Halls

Principal

Vice- Principal



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