



Friars Primary School & Nursery

Part of the Portico Academy Trust

Principal - Mr C. McClay

Vice Principal – Mr S. Roche

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CEO – Mrs C. Woolf

Wednesday 19th May 2021

Dear Parents and Carers of Year 2,

Relationships and Sex Education

As you may recall, back in the autumn term, we shared the proposed curriculum for our Relationships and Sex Education. Following consultation with children, staff, parents, carers and Portico trustees, this curriculum has now been adopted and after the half term we will see the start of these sessions.

This curriculum has been designed in partnership with the PSHE Association and is used widely across not only the other Portico schools, but by many other primary schools in the country. We understand that some parents may find the content of these lessons a little sensitive but we do feel that there is great value to the children being taught properly about these subjects rather than getting a false idea via older peers, the internet or social media.

We are also letting you know that this content will be taught soon, to allow you to be prepared for any questions your child may ask at home.

For Year 2, the content includes;

Topic	In this unit of work, students learn...
Safe relationships Managing secrets; resisting pressure and getting help; recognising hurtful behaviour	<ul style="list-style-type: none"> • how to recognise hurtful behaviour, including online • what to do and whom to tell if they see or experience hurtful behaviour, including online • about what bullying is and different types of bullying • how someone may feel if they are being bullied • about the difference between happy surprises and secrets that make them feel uncomfortable or worried, and how to get help • how to resist pressure to do something that feels uncomfortable or unsafe • how to ask for help if they feel unsafe or worried and what vocabulary to use
Respecting ourselves and others Recognising things in common and differences; playing and working cooperatively; sharing opinions	<ul style="list-style-type: none"> • about the things they have in common with their friends, classmates, and other people • how friends can have both similarities and differences • how to play and work cooperatively in different groups and situations • how to share their ideas and listen to others, take part in discussions, and give reasons for their views
Families and friendships Making friends; feeling lonely and getting help	<ul style="list-style-type: none"> • how to be a good friend, e.g. kindness, listening, honesty • about different ways that people meet and make friends • strategies for positive play with friends, e.g. joining in, including others, etc. • about what causes arguments between friends • how to positively resolve arguments between friends • how to recognise, and ask for help, when they are feeling lonely or unhappy or to help someone else
Growing and changing Growing older; naming body parts; moving class or year	<ul style="list-style-type: none"> • about the human life cycle and how people grow from young to old • how our needs and bodies change as we grow up • to identify and name the main parts of the body including external genitalia (e.g. vulva, vagina, penis, testicles) • about change as people grow up, including new opportunities and responsibilities • preparing to move to a new class and setting goals for next year

Please rest assured that all lessons of this nature are conducted in an age appropriate manner, using specially designed, child friendly resources.

We hope you feel happy knowing that we take the teaching of RSE very seriously at Friars in order to prepare our young people for life in modern Britain. However, should you have any questions about these lessons or the content please raise these with the class teachers via the year2@friars.southend.sch.uk email address.

Yours sincerely,

Mr. S. Roche
Vice Principal