



Tuesday 2nd June 2026

Dear Parents and Carers of Year 2,

Relationships and Sex Education

We would like to inform you that as part of our PSHE and RSE curriculum, we will be covering our 'Growing and Changing' topic in the coming weeks. We are letting you know that this content will be taught soon, to allow you to be prepared for any questions your child may ask at home.

This topic involves the following:

Topic	In this unit of work, students learn...
Growing and changing Growing older; naming body parts; moving class or year	• about the human life cycle and how people grow from young to old • how our needs and bodies change as we grow up • to identify and name the main parts of the body including external genitalia using the correct vocabulary. • about change as people grow up, including new opportunities and responsibilities • preparing to move to a new class and setting goals for next year

The PSHE curriculum has been designed in partnership with the PSHE Association and is used widely across not only the other Portico schools, but by many other primary schools in the country.

We understand that some parents may find the content of these lessons a little sensitive but please rest assured that all lessons are conducted in an age-appropriate manner, using specially designed, child-friendly resources. It is essential that the children are taught properly about these subjects rather than getting a false idea via older peers, the internet or social media.

We hope you feel happy knowing that we take the teaching of PSHE very seriously at Friars in order to prepare our young people for life in modern Britain. However, should you have any questions about these lessons or the content, please speak with the year 2 class teachers.

Yours sincerely,

Yours sincerely,

C. McClay

S. Halls

Mr. C. McClay

Mrs. S. Halls

Principal

Vice Principal

