Early Help Community News

Bringing you the best community highlights happening across Southend

Issue 12





Hello

Easter is here—as always there are lots of Eggciting events going on in Southend!

To help you start planning your Easter Break check out www.visitsouthend.co.uk/whatson where you are bound to find lots of free events and low cost activities happening across the city.

To find out what is happening day to day in and around South Essex, check out mums guide to mumsguideto.co.uk/southend

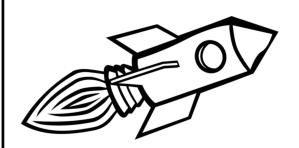
Have you got your HAF code? There are 4 days of activities for you to book onto this Easter, with the list of providers growing every year, there is everything from Football to Farms, click the link to find out all the details and book your sessions.

www.livewellsouthend.com/activities/holiday-activities-food-programme-haf

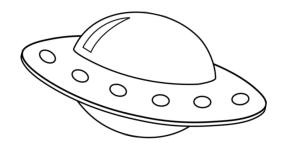
What is Livewell Southend?

This is Southend's health and wellbeing website. You can find information and advice on how to stay well, as well as links and contact details for people who can help you amd your family. You can also find: community groups, details of organisations who can support children or adults with various health and wellbeing issues, services that can provide support for children and adults, advice and guidance on local services and support for children and young people with special educational needs and disabilities (SEND)

To sign up for for the monthly Livewell newsletter, which summarises key news and events, please visit Email Updates from Southend-on-Sea City Council, add your email address and select "Livewell: What's New?". You can also select other council-affiliated newsletters you are interested in from here too.







SOUTHEND MUSEUMS' SPRING SPACE DAY

16th April - 11am - 5pm

Southend Museum and Planetarium are bringing back their space day again this Easter.

Celebrate the wonders of space with Southend Museums intergalactic team. Experience a day of planetarium shows, meteorite handling sessions and a brand new astrophysics talk as part of Spring Space Day! Pre-booking is essential. There are several events as part of this collection so you are sure to find something to suit your family needs.

Details of sessions and booking here— www.eventbrite.com/cc/spring-space-day





Join Southend Museums at Prittlewell Priory during the Easter holidays for 'Wildlife Weekend', a fun family event with animal handling, crafting, face painting, an activity trail and more!

This Easter, pop down to the priory for a spring celebration of all creatures great and small, and learn how to support our local wildlife. The team from Exotic Explorers will be bringing some furry and feathery (and even scaly!) friends along for hands on animal experiences and handling. Then, have a close encounter of the cheesy kind with a an amazingly oozy toastie from Melt, who will be serving up food including grilled toasties, baps and fresh pastries as well as a range of hot and cold drinks.

Have your face painted like your favourite animal, get creative with a critter craft to take home with you, visit stalls from local wildlife organisations to find out how we can care for the animals around us and try your hand at some silly, seasonal games and kids activities.

We hear some cheeky creatures from the park have been causing all sorts of mischief at the priory, make sure you help us complete the scavenger hunt during your visit to solve their puzzle and win a prize!

Under 3's go free! Prebooking for this event is essential.

www.eventbrite.com/e/wildlife-weekend-tickets

There are ROARsome activities going on at the Pier this Easter!







THE BIG EGG HUNT

Belchamps 5th—21st April 2025

Belchamps Camp Holyoak Lane HOCKLEY



If you fancy something a bit different, why not check out the Big Egg Hunt at Belchamps.

Follow the clues around the site to find the missing word. You might even find the Easter Bunny. Price includes a chocolate egg, children with dietary requirements may receive an alternative to an egg.

Our annual Easter event. Follow a map around our grounds to find all the clues. Cross bridges, discover our woodland and claim your Chocolate Egg at the end.

Refreshments and Food Available.

Please book in advance to avoid disappointment.

Open to all including members of the public, £5 Per Child, Adults/Carers FREE

Booking fees may apply— www.belchamps.org.uk/the-big-egg-hunt/

Self Led Easter Trail At Belfairs Nature Discovery Centre—Eastwood Road North.

Thursday 17th April 10am—3pm

This Easter weekend follow the self-led trail through the green wood, answer the egg-cellent clues and claim an egg-citing prize!

Children must be accompanied by an adult.

Maps will be provided on entry and a small prize can be claimed at the end.

No Booking Required £3 per child











Meet the Farm Animals with Gemma's Farm is back!

Meet The Farm Animals! 10th -12th April

Get up close and learn fun facts about your favourite farm animals!

Please book a time slot, you will have 2 hours to enjoy the experience.

Everyone in your party will need a ticket apart from babies in arms.

https://scottsofsouthend.digitickets.co.uk/event-tickets





Join in for a great time at the Easter Community Fair!

Eastwood Community Centre—Saturday April 12th 10am—4pm

This amazing all day event is just 50p entry—Kids go free!

- A visit from the Easter Bunny, 11am 1pm
- Performance by L.O.D.S 11am
- Free Easter Treasure Hunt
- Raffle in aid of MIND
- Refreshments

Over 20 Craft stalls including cakes, painting, pottery, crochet, face painting and Black Box Brewery.



Week 1 - Monday 7th April - Friday 11th April 2025

Southend.on.Sea City Council Monday

Stay & Play

0 - 5 years Prince Avenue Family Centre 10am - 11am

Baby Play

0 - 1years Blenheim Family Centre 1pm - 2pm

Stay and Play

0 - 5 years Summercourt Family Centre 1pm - 2pm

Tuesday

Stay & Play 0 - 5 years Hamstel Family Centre 10am - 11am

Stay & Play 0 - 5 years Cambridge Road Family Centre 1pm - 2pm

Sensory Play

0 - 2 years Friars Family Centre 1pm - 2pm

Free Easter and Spring themed drop-in sessions for your 0 - 5 year olds. Older siblings are able to join Stay & Plays.

These sessions are first come, first serve. Entry will be stopped when the room reaches capacity due to health and safety.

Nednesday

Active Play

0 - 5 years Blenheim Family Centre 10am - 11am

Stay & Play 0 - 5 years Friars Family Centre 10am - 11am

Active Play

0 - 5 years Friars Family Centre 1pm - 2pm

Sensory Play

0 - 2 years Eastwood Family Centre 1pm - 2pm

Stay and Play 0 -5 years Centre Place Family Centre 1pm - 2pm

Thursday

Sensory Play

0 - 2 years Cambridge Road Family Centre 9.45am - 10.45am

Stay and Play

0 - 5 years Eastwood Family Centre 10am - 11am

Story, Rhythm & Sign

0 - 2 years Cambridge Road Family Centre 12.45pm - 1.15pm

Story, Rhythm & Sign

2- 5 years Cambridge Road Family Centre 1.30pm -2pm

Baby Play

0- 1 years Summercourt Family Centre 1pm - 2pm

Friday

Stay and Play

0 - 5 years Blenheim Family Centre 10am - 11am

Baby Play

0 - 1 years Prince Avenue Family Centre 1pm - 2pm

Week 2 - Monday 14th April - Friday 18th April 2025



City Council



Monday

Stay and Play

0 - 5 years Prince Avenue Family Centre 10am - 11am

Stay and Play

0 - 5 years Summercourt Family Centre 1pm - 2pm

Free Easter and Spring themed drop-in

sessions for your 0 - 5 year olds. Older siblings are able to join Stay & Plays and Messy

These sessions are first come, first serve. Entry will be stopped when the room reaches capacity due to health and safety.

Tuesday

Stay & Play 0 - 5 years Hamstel Family Centre 10am - 11am

Stay & Play

0 - 5 years Cambridge Road Family Centre 1pm - 2pm

Sensory Play

0 - 2 years Friars Family Centre 1pm - 2pm

Wednesday

Stay & Play

0 - 5 years Friars Family Centre 10am - 11am

Stay & Play 0 - 5 years 0 - 5 years Eastwood Family Centre 1pm - 2pm

Active Play

0 - 5 years Friars Family Centre 1pm - 2pm

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0 - 2 years Cambridge Road Family Centre 9.45am - 10.45am

Story, Rhythm & Sign

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EasterWord Search

S O A

RSCCM

DPTEQXE

VIEELZLXM

SYKOEEFMOJY

J S G M E B P C H Q L

SAGWCERDYEIHM

BQOZERAHOACDB

VUKNGRTWTEAWE

GNNAGEINFAREF

FRDNSUOJITRCI

QAWLYTNUHPOHN

GBPETUDKOUTID

SBFOEABHRXSCN

VICHOCOLATEKW

TKGHHFHIBSS

OVRBOUQUETM

ZDLUNMZIC

FLOWERS

JTOQB



RABBIT



Word list:

CARROTS

BASKET CELEBRATION DYE HIDE BOUQUET CHICKS EGGS HOP BUNNY CHOCOLATE FIND PEEP

COTTONTAIL

SunCatcherStudio.com

FLOWERS

Dates for your diary

Free Water Activities for your Family are Back as Active Southend-on-Thames returns for 2025!

Following a fun-filled year of activities in 2024, we are pleased to announce that Active South-end-on-Thames will continue throughout 2025. This year's delivery will bring a range of free activities to our beaches, suitable for the whole family including kayaking, yoga and water dips, beach safaris, cold water dips, and family beach days.

For all the dates and booking please see

<u>www.savs-southend.org/free-water-activities-for-your-family-are-back-as-active-southend-on-thames-returns-for-2025</u>

The next **SEND Surgery** will take place on Friday 25th April at Hamstel Family Centre, Hamstel Road, Southend-On-Sea SS2 4PQ. Everyone is welcome. Surgeries run from 9.00am to 11.00am unless otherwise stated. There is no need to book, just come along.

Future dates can be found here www.livewellsouthend.com/events-activities/send-surgeries

Transitions Workshop for parents/carers.

Booking is essential for this work shop.

Transition workshop to cover – school transitions, the ready steady go program, ways to support with transitions. Suitable for all ages but a focus on the changes that happen around teenager years.

Delivered by staff from the Lighthouse Development Centre ASD/ADHD team

To be held at Little Heroes ASD Support Hub, Garon Community Centre, Garon Park, Southend-On-Sea SS2 4FA

Thursday 24th April 10-12pm

To register your interest and book a place please email the address below epunft.lighthouse.reception@nhs.net

Or

bookings little heroes. as d@gmail.com



WHAT'S ON APRIL

Open Top Bus Starting 5 April

Leigh - Shoebury

Dino Egg Hunt

5 - 21 April Southend Pier

Inflatable Fun Days

8 - 17 April

Parks across Southend

Spring Community Day

Wednesday 9 April Garon Park

Wildlife Weekend

12 - 13 April Prittlewell Priory

Bluey & Bingo Come to Visit

Saturday 12 April

Adventure Island

Spring Space Day

Wednesday 16 April Southend Planetarium

The Hatter's Tea Party! Blank Slate - Miniatures

Wednesday 16 April Grumpy's Diner

Easter Fun

Thursday 17 April The Victoria Centre

Jurassic Pier

18 - 20 April Southend Pier

Easter Egg Hunt

18 - 20 April Indirock

Easter Fun Day

Saturday 19 April Leigh Community Centre

Music in the Park

Starting 20 April Priory Park

Southend Shakedown

Monday 21 April Southend Seafront

Concert Series

Friday 25 April Civic Centre

Friday 25 April

Focal Point Gallery

visit**southend**.co.uk

All event information correct at time of publication.



